


# July 2026

## Lunch Menu



Heim Middle  
175 Heim Road  
Williamsville, NY 14221



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
Session 1	Meatball Subs w/ Mixed Vegetables Peaches	Taco Bar w/ Corn Pineapple	Pizza Party	Chicken Nuggets Mac & Cheese Baby Carrots Banana		
5	6	7	8	9	10	11
Session 2	Breakfast for Lunch Eggs & Sausage French Toast Oranges	Sloppy Joe on a Hamburger Bun Corn Pears	Pizza Party	BBQ Chicken Patty Side Salad Apple	★ Field Trip Day : Bring nut- free bagged lunch	
12	13	14	15	16	17	18
Session 3	Hot Dog Tater Tots Apple	Chicken Nuggets Mac & Cheese Baby Carrots Banana	Pizza Party	Penne w/ Meat Sauce Bread sticks Side Salad Watermelon	★ Field Trip Day : Bring nut- free bagged lunch	
19	20	21	22	23	24	25
Session 4	Meatball Subs w/ Mixed Vegetables Peaches	Taco Bar w/ Corn Pineapple	Pizza Party	BBQ Chicken Patty Side Salad Apple	★ Field Trip Day : Bring nut- free bagged lunch	
26	27	28	29	30	31	1
Session 5	Breakfast for Lunch Eggs & Sausage Pancakes Oranges	Sloppy Joe on a Hamburger Bun Corn Pears	Pizza Party	Deli Sandwich Bar Baby Carrots Apple	★ Field Trip Day : Bring nut- free bagged lunch	

Notes:



A nut-free bagged lunch, that doesn't require refrigeration, must be provided on field trip days.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
Session 5	Breakfast for Lunch Eggs & Sausage Pancakes Oranges	Sloppy Joe on a Hamburger Bun Corn Pears	Pizza Party	Deli Sandwich Bar Baby Carrots Apple	<b>Field Trip Day :</b> ★ <b>Bring nut-free bagged lunch</b>	
2	3	4	5	6	7	8
Session 6	Hot Dog Tater Tots Apple	Chicken Nuggets Mac & Cheese Baby Carrots Banana	Pizza Party	<b>Field Trip Day :</b> ★ <b>Bring nut-free bagged lunch</b>	Penne w/ Meat Sauce Bread sticks Side Salad Watermelon	
9	10	11	12	13	14	15
Session 7	Meatball Subs w/ Mixed Vegetables Peaches	Taco Bar w/ Corn Pineapple	Pizza Party	<b>Field Trip Day :</b> ★ <b>Bring nut-free bagged lunch</b>	BBQ Chicken Patty Side Salad Apple	
16	17	18	19	20	21	22
Session 8	Breakfast for Lunch Eggs & Sausage French Toast Oranges	Sloppy Joe on a Hamburger Bun Corn Pears	Pizza Party	Deli Sandwich Bar Baby Carrots Apple	Chicken Nuggets Mac & Cheese Baby Carrots Banana	
		Notes:				
		★ A nut-free bagged lunch, that doesn't require refrigeration, must be provided on field trip days.				